



What's New in Ophthalmology Today?

TORIC Intraocular Lens "Cure Astigmatism" During Cataract Surgery

When patients with astigmatism undergoing cataract surgery received a **TORIC INTRAOCULAR LENS** implant they enjoyed very good distance vision after surgery without the need for glasses. LL Ahmed, MD et al reported in the Journal of Cataract and Refractive Surgery in a study done at 14 Canadian universities, hospitals and private practices. **99% of patients receiving the TORIC lens in both eyes had a distance vision of 20/40 without glasses – the level required for driving.** Almost **65% of their patients saw 20/20 without glasses after surgery and 70% of their patients reported never having to use distance glasses.** 95% of their patients were very satisfied with their results. His conclusion was "bilateral implantation of **TORIC IOLs** yielded excellent and stable visual outcomes that patients rated as highly satisfactory."

Edward Holland, MD et al in the journal Ophthalmology reported on a series of patients undergoing cataract surgery with the **TORIC LENS implant**. Half of the patients, 256, received a **TORIC LENS** to correct their astigmatism, the other half, 261, did not – the standard lens was used in their surgery. **Over 40% of their patients receiving the TORIC LENS to correct for the astigmatism saw 20/20 at distance without glasses;** less than 20% of patients receiving the standard lens achieved similar results. **Mass. Eye and Ear reports that over half of the patients in their study achieved 20/25 distance vision without the use of glasses.**

Finally, in the Archives of Ophthalmology R. Pineda et al from Boston analyzed the economic value of the **TORIC LENS**. The **TORIC LENS** costs more than the standard lens. But when the long term costs of glasses and the overall "quality of life" issue is studied, they concluded that "**TORIC IOLs reduce lifetime economic costs by reducing the need for glasses or contact lenses following cataract removal.**" These results can inform physicians and patients regarding the value of **TORIC IOLs** in the treatment of cataract and preexisting astigmatism."

We have been using the **TORIC LENS** in our practice in Plantation for several years, and our patients have enjoyed similar excellent results.

RAANANAH S. KATZ, M.D., F.A.C.S.

CENTER FOR EXCELLENCE IN EYE SURGERY

1776 N. Pine Island Road, Suite 214, Plantation, FL 33322

866.295.9984

*Board Certified American Board of Ophthalmology • Fellow American College of Surgeons
Fellowship and Resident Training at Bascom Palmer Eye Institute*

New York Times Super Doctor

www.katzeyeinstitute.com